Stability is good, complacency is not good. Right now with the Cleveland Cavaliers, the complacency has outweighed the stability factor, individual discontent has outweighed the greater good. Erik Cassano says that changes need to be made, or the Cavs will be lucky to win 40 games. Erik has his ideas on some feasible deals the team could make that would help

shake things up, and outlines them in his latest piece.



All I wanted for Christmas was a shakeup of the Cavaliers' roster. Danny Ferry, it's time to play Santa.

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Changes need to be made, or the Cavs will be lucky to win 40 games.

If I were in Ferry's shoes, I'd be in a mood for "Extreme Makeover: Holiday Edition." The longer this malaise extends, the less driven LeBron James is going to be to compete. And we all know LeBron

is not always the most motivated player in the NBA, especially when he thinks he's basically playing one-on-five.

So it's time to jolt this roster awake. Here are three trades that could make it happen. They're realistic from a money standpoint, and not totally outlandish from a player-exchange standpoint. All three trades worked in ESPN's NBA Trade Machine :

1. Larry Hughes and Shannon Brown to the Wizards for Antonio Daniels, Darius
Songaila
and

Andray Blatche

.

Daniels and Songaila are probably both on the downhill sides of their careers, and both have multiple years remaining on their contracts, but to rid the Cavs

of Larry Hughes' cumbersome deal, you do what you have to do.

The Wizards are probably one of the few teams that would be attracted to Hughes. The former Wizard had his greatest success playing in Eddie Jordan's uptempo offense, and could add another scorer to compliment Washington's Big Three of Gilbert Arenas, Caron Butler and Antawn Jamison. Playing alongside outside shooters like Arenas and Butler would open up more lanes to the basket for Hughes, a factor missing in Cleveland which has contributed greatly to Hughes' failure as a

Blatche is a big man whom Ferry was interested in acquiring last summer as a restricted free agent. He has seen his role increase in Washington with the possible career-ending heart problems of Etan Thomas, so it's questionable whether the Wizards would want to give him up. But it's likely Ferry would want at least one player with upside in exchange for Hughes.

2. Drew Gooden, Daniel Gibson, Ira Newble and Cedric Simmons to the 76er s for Andre Miller, Kyle Korver and Herbert Hill.

A tough trade to justify. But with Miller and Korver, I envision an entirely new starting backcourt for the Cavs.

We know Miller, while not an elite point guard, would still be far better than anyone currently on the

Cavs

roster. Any point guard who can enable

LeBron

to be something besides the primary ball-handler and offenseinitiator

is all right in my book.

Korver is a bit more of a stretch as a starting two-guard. He's lanky, slow afoot and the only real attribute he brings is a deadly outside shot. But isn't that what the Cavs truly need to keep defenses from collapsing on LeBron?

You can argue that Korver would be a sieve on defense. Probably true, but how exactly does that differ from the Cavs' current roster of shooting guards? If you're going to have a sieve, at least have a sieve who can consistently stretch defenses with his shooting.

On the flip side, losing Gooden would obviously hurt. But his contract is movable and

Gooden

is one of the few pieces the

Cavs

have that could potentially entice the

Sixers

to give up both Miller and

Korver

. You have to give up something to get something.

3. Damon Jones to the Rockets for Kirk Snyder and Steve Francis.

Jones wants out of Cleveland, and has for a while. Apparently, he's even turned his trade quest <u>into a musical</u>. Sending Jones to his hometown Rockets might finally douse the fire of discontent that burns within the World's Greatest Shooter.

Essentially, this is a trade of spare parts. Francis has become utterly irrelevant as a NBA player over the past few years, he's averaging about 5.5 points this year for Houston. Snyder is a 24-year-old project player. Both Francis and Snyder have expiring contracts. Jones' deal will become an expiring contract next season.

Yes, Francis can be an even worse malcontent than Jones, and when it comes to selfish play, he's downright Marburian. But the Cavs would only have to deal with him for the balance of the season. it can't be any worse than enduring Jeff McInnis

, can it?

The result:

Those three trades would leave the Cavs with a roster short on decent individual defenders but hopefully longer on scoring. If Mike Brown can't get his guys to play tough defense most nights, the team at least has to win somehow.

In the short term, maybe Brown has to bend his coaching toward what his team wants to do instead of constantly butting heads with his players over their lack of defensive intensity as the losses mount. If Brown can't bring himself to coach an offense-minded roster to play offense, maybe he's not the right man for the job.

In the long term, I'd rather see Brown try to teach a team of scorers how to play defense than take an endless stream of Ira Newbles and Larry Hugheses and try to turn them into good scorers. In basketball, defense is about footwork and energy; it can be taught. Offense is more about innate talent. Outside of improving on shooting form, a bad scorer really can't be taught to become a good scorer at the NBA level.

A score-first roster would better take advantage of LeBron's passing skills, which would hopefully

make The King feel less like he's banging his head against a wall every time he pushes the ball up the court.

The bottom line: The Cavs need a makeover, and it appears that Ferry and Brown have been trying to pound square pegs into round holes for too long now. This team isn't the Spurs or the Pistons and probably never will be. Maybe it's time to stop fighting that fact and go with the flow.