

UFC 100 has come and gone and what an event it was. We saw two champions that just might be unbeatable and a true legend of the sport derail the quest of a young up and comer. In my cousin's recap of last night's electric event from the Mandalay Bay, he tells us all about the dominating wins from freaks of nature Brock Lesnar and Georges St. Pierre, and the incredibly violent (and controversial) knockout administered by Dan Henderson.



UFC 100 has come and gone and what an event it was. We saw two champions that just might be unbeatable and a true legend of the sport derail the quest of a young up and comer. The crowd at the Mandalay Bay in Las Vegas was electric and they weren't disappointed.

Brock Lesnar is a freak. It's been said before and will be said again. He is easily the most physically imposing fighter ever to step into the octagon. He beat down Frank Mir to retain his heavyweight title and to show that he really is a force to be reckoned with. The fight was stopped in the second round due to strikes.

Frank Mir had no answer for Lesnar in the rematch once the fight got to the ground. The speed and power of a guy that weighs 265 pounds seems unfair. Mir was simply destroyed and his face was a mess from the huge shots he took. The best submission fighter in the weight class wasn't able to survive this time around. To think that Brock Lesnar is going to get better is the scariest part.

After the fight, Lesnar showed no class. If you want to be truly considered the best and have the fans love you, you need to represent the sport in the best way possible. Lesnar has a lot to work on if that is going to happen. He was flicking off the crowd, still talking thrash to Mir, and then even acted like an complete jackass in the post fight interview with Joe Rogan. He might still think he is in the WWE. The fans were booing him and rightfully so. The guy is a once in a lifetime talent, but still has some things to work on.

Georges St. Pierre is still improving. It's unreal to watch this guy and see how easy he makes the sport look. He dominated top contender Thiago Alves for five rounds to keep his 170 pound title.

GSP was able to get takedowns at will against a fighter that wanted to stand up and try to knock him out. Alves showed a lot of heart but had no answer for the all around skill set of St. Pierre. All five rounds were pretty much the same. GSP landed the better shots and when Alves went for a big leg kick, he was taken down and beat up on the ground.

St. Pierre is so technically sound and fun to watch. I don't see a fighter in his weight class that can challenge him. There has been talk of a super fight for awhile now between him and 185 title holder Anderson Silva. That is something I would love to see, the two best fighters in the world going at it.

The fight between Dan Henderson and Michael Bisping was said to be a top contenders fight, the winner getting a shot at Anderson Silva. Henderson showed he deserves a rematch with the Spider.

Dan Henderson scored one of the most brutal knockouts in UFC history. He landed a huge right hand that Bisping turned right into and paid the ultimate price. He was out cold and limp before he hit the canvas. Henderson, showing zero class, landed one more shot with all of his body weight coming down for some unknown reason. It was something that there was no reason for.

I thought that last shot was completely uncalled for. After the fight Henderson pretty much admitted to dropping that huge shot on purpose because the thrash talking that was taking place before the fight. Babalu was kicked out of the UFC for something similar. He told Joe Rogan in the ring after holding a choke for a few seconds too long, that he wanted to teach his opponent a lesson.

Henderson though was given knockout of the night and got himself a nice bonus.

A horrible move by the UFC in my opinion.

Full fight results:

Jon Fitch def. Paulo Thiago via unanimous decision (30-27, 29-28, 29-28)

Brock Lesnar def Frank Mir via knockout (punches) - Round 2, 1:48 to retain UFC heavyweight title

Georges St-Pierre def. Thiago Alves via unanimous decision (50-45, 50-44, 50-45) to retain UFC welterweight title

Dan Henderson def. Michael Bisping via knockout (punches) - Round 2, 3:20

Yoshihiro Akiyama def. Alan Belcher via split decision (30-27, 28-29, 29-28)

Mark Coleman def. Stephan Bonnar via unanimous decision (29-28, 29-28, 29-28)

Jim Miller def. Mac Danzig via unanimous decision (30-27, 30-27, 30-27)

Jon Jones def. Jake O'Brien via submission (guillotine choke) - Round 2, 2:43

Dong Hyun Kim def. T.J. Grant via unanimous decision (30-26, 30-26, 30-26)

Tom Lawlor defeats C.B. Dollway via submission (guillotine choke) - Round 1, 0:55

Shannon Gugerty def. Matt Grice via submission (guillotine choke) - Round 1, 2:36

Another great event to go into the record books. We saw a little bit of everything. Brutal knockouts and slick ground fighting were the highlights for fight fans everywhere. The Ultimate Fighting Championship is still going strong and before you know it UFC 200 will be here and we'll be celebrating all over again.